

## **Back Injury Prevention @ *accessable* with Precious McKenzie M.B.E.**

**In March 2009, Precious McKenzie spent a day on site with the *accessable* team. Precious assisted the *accessable* team in identifying areas of their workplace environment where improvements could be made to prevent back injury.**

***accessable* promotes a healthy work/home life balance. We believe investment in areas like back injury prevention support that goal.**



**Elijah is having coaching from Precious McKenzie on how to lift correctly to prevent back injury.**



**Sylvan and Elijah captured here getting some valuable information about how the spine operates.**

**Precious also worked with our office staff, making sure that their work space and positioning was correct. We all learnt a great deal from Precious McKenzie and we look forward to seeing him again in the future.**